ROSEVILLE SMILES

SERVICE CATALOG

Service Name **Gum Health**

ABOUT GUM HEALTH



Periodontal Maintenance is a specialized dental procedure designed for patients who have undergone treatment for gum disease (periodontitis). Unlike routine cleanings, it focuses on preventing the recurrence or progression of periodontal disease.

HEALTHY GUMS SUPPORT A HEALTHY SMILE

Your gums and the bone around your teeth provide essential support for your smile. At Roseville Smiles, we evaluate your gum health, explain our findings, and recommend care based on your individual needs.

What Is Gum Disease?

Gum disease begins with inflammation caused by bacteria in dental plaque.

Gingivitis affects the gums and may cause redness, swelling, or bleeding. With professional care and effective home care, it can often be reversed.

Periodontitis involves damage to the tissues and bone supporting the teeth. It requires treatment and ongoing care to help control the disease and protect your remaining support.

Signs to Watch For

- Bleeding when brushing or cleaning between your teeth
- Red, swollen, or tender gums
- Persistent bad breath
- Gums pulling away from the teeth
- Loose teeth or changes in your bite

Gum disease may develop with little discomfort, so regular evaluations remain important even when your gums feel comfortable.

Evaluating and Treating Your Gums

Dr. Sri and our hygiene team assess your gums, measure the spaces around your teeth, and review X-rays when appropriate.

Depending on the findings, recommendations may include improved home-care techniques, professional cleaning, scaling and root planing, or referral to a periodontist for additional evaluation.

What Is Periodontal Maintenance?

After treatment for periodontitis, ongoing periodontal maintenance helps monitor your condition and manage plaque and tartar buildup.

These visits differ from routine preventive cleanings. Your recommended schedule depends on your gum health, treatment history, and risk factors.

Protecting Your Gum Health

Brush twice daily, clean between your teeth each day, and follow your recommended professional-care schedule. Tell us about tobacco use, diabetes, medications, or other health changes that may affect your care.

Schedule a Gum Health Evaluation

Call or text **(916) 781-3737**, or **request an appointment online** to discuss your gum health with our team.