ROSEVILLE SMILES

SERVICE CATALOG

Service Name **Teeth Whitening**

ABOUT TEETH WHITENING



Teeth whitening is a cosmetic dental procedure that lightens the color of teeth, removing stains and discoloration for a brighter smile. It can be done professionally by a dentist or with at-home products like whitening strips, gels, or trays.

TEETH WHITENING

A Brighter Smile, with Professional Guidance

Professional teeth whitening can lighten natural teeth and reduce certain types of discoloration. At Roseville Smiles, Dr. Sri will evaluate your smile, discuss your goals, and help you choose an appropriate whitening option.

In-Office Teeth Whitening

In-office whitening is performed by our dental team using a professional whitening gel. Your gums are protected during treatment, and we monitor your comfort throughout the visit.

The amount of whitening achieved varies depending on your starting tooth shade, the cause of discoloration, and your individual response. We will discuss expected results and appointment length before treatment.

Take-Home Teeth Whitening

Custom whitening trays allow you to brighten your smile at home with guidance from our office.

We provide trays fitted to your teeth, whitening gel, and instructions for use. Wear time and treatment duration depend on the product prescribed. Use only the recommended amount of gel and follow your instructions carefully.

Is Teeth Whitening Right for Me?

Whitening works better on some types of discoloration than others. Before starting, Dr. Sri will assess your teeth and gums and discuss any existing sensitivity or dental concerns.

Whitening lightens natural teeth but does not change the color of crowns, veneers, fillings, or implant crowns. If you have visible restorations, we will discuss how this may affect the overall appearance of your smile.

Sensitivity and Comfort

Temporary tooth sensitivity or gum irritation can occur during whitening. If you experience discomfort while using a take-home product, pause treatment and contact our office for guidance.

Do not increase the amount of gel, wear time, or treatment frequency beyond your instructions.

Maintaining Your Results

Whitening results are not permanent. Coffee, tea, tobacco, and other sources of staining can affect how long your results last.

Regular brushing, flossing, and professional cleanings help maintain your smile. Touch-up whitening may be recommended based on your needs.

Explore Your Whitening Options

Call or text **(916) 781-3737**, or **request an appointment online** to schedule a consultation with Dr. Sri.